



DESTIN DOLPHIN FOOTBALL 2010

City of Destin ☪ Recreation Department
650-1241



Destin Dolphin Football is a recreational program that participates in the Panhandle Youth Football Association. The purpose of Destin Dolphin's Football is to provide youth a fun, safe, wholesome environment where they can develop football or cheerleading skills, good sportsmanship traits and to the ability to cooperatively work with others (teamwork.)

Parents are responsible for providing transportation to and from activities. Practices will begin Monday, August 2nd at the Destin Sports Complex Fields. ***Coaches may or may not contact you regarding your child's practice schedule, so be ready to start on the date listed above.***

The Saturday games are held in Destin, Niceville, South Walton, Freeport, Southport, Defuniak Springs, and Panama City Beach. Be prepared to travel on Saturday with your child.

Sizing for football equipment will be Saturday, August 7, 2010 at the Destin Sports Complex Equipment Room. Seniors will be fitted for equipment at 9:00 am, Juniors 9:30am, Pee Wee 10:00am and Mighty Might's 10:30am. Game jerseys will be provided by the First Game. **NO SPECIAL REQUESTS FOR NUMBERS.** Your child should only wear their team Jersey to school on the Friday before games, during games and for team exhibitions. **Game pants may not be worn to practice.**

Mighty Might Division

Practices (beginning week of August 2nd): Tues, & Thurs 5:30-6:30 p.m.

Ages: 5-6 as of July 31, 2010

Weight limit: No weight limit

Pee Wee Division

Practices (beginning week of August 2nd): Mon, Tues, & Thurs 5:30-7:30 p.m.

Ages: 7-8 as of July 31, 2010

Weight limit: 115 lbs- (they will be weighed)

Junior Division

Practice (beginning week of August 2nd): Mon, Tues, & Thurs 5:30-7:30 p.m.

Ages: 9-10 as of July 31, 2010

Weight limit: 140 lbs- (they will be weighed)

Senior Division

Practices (beginning week of August 2nd): Mon, Tues, & Thurs 5:30-7:30 p.m.

Ages: 11-12 as of July 31, 2010

Weight limit: 170 lbs- (they will be weighed)

Special Notes:

- **Equipment provided by the Morgan Sports Center:** Game jersey & pants (provided before 1st game), helmet, shoulder pads, and pad set (provided August 7th)
ALL EQUIPMENT (INCLUDING PANTS) PROVIDED BY THE CITY OF DESTIN MUST BE RETURNED IMMEDIATELY FOLLOWING THE SEASON'S LAST GAME or WHEN A PLAYER WITHDRAWS FROM THE PROGRAM.
- **Equipment provided by the Parent:** Good Running Shoes or Cleats, Colored mouth guard, practice pants with snaps, practice jersey or large T-shirt, water bottle with name, and personal safety equipment at each practice.

IT'S ALL ABOUT THE KIDS!!



PARENT AND FOOTBALL COACHES

FOOTBALL FACTS

- Full registration fee will be returned to any participant who has dropped off the team and returned their equipment, prior to August 13th, 2010.
- **No registration accepted after July 30th, 2010.**
- All players must make the weight limit prior to games.
- Players can move up one age group (because of weight) if space is available.
- All players must weigh in before each game and meet weight limit requirements.
- Players must make every attempt to make practice or notify the coach.
- **Child must make 2 practices per week to play in the game.**
- Six unexcused absences could result in removal from the team.
- Players must be registered **prior** to participating in practices and games.
- Youth will do running drills without helmets in extreme heat.
- Youth must bring water to all practice and games.
- Parents are responsible for transportation to and from games and practices.
- Please remember, Coaches are volunteers, without them we would not have this program.
- Please check **www.cityofdestin.com** for Game Schedules and Updates.
- The City does not provide end of the year trophies.